



OCEANIA LIFTERS TO RIO



Simplice Ribouem AUS



Elson Brechtefeld NRU



Tia-Clair Toomey AUS



Luisa Peters COK



Manuelli Tulo FIJ



Mary Opeloge SAM



Morea Baru (PNG)



Jenly Wini SOL



David Katoatau KIR



Nevo Ioane SAM



Apolonia Vaivai FIJ



Tracey Lambrechts NZL



Tanumafili Jungblut ASA



Mathlynn Sasser MHL



Richard Patterson NZL

REGIONAL OFFICIALS IN RIO

IWF Technical Delegate: Mr Sam Coffa - AUS

IWF Medical Member: Dr Lisimoni Kami- TGA

Technical Officials: Mr Garry Marshall – NZL, Frank Robby- PNG, Mrs Jenny Sanchez - AUS

REGIONAL WEIGHTLIFTING TEAM OFFICIALS

FIJI : Mr Atma Maharaj -Manager Mr Joe Vueti -Coach

SAMOA: Mr Jerry Wallwork – Manager/Coach, Mr Faavae Faauliuli -Assistant Coach

KIRIBATI: Mr Kokoria Iabeta- Coach

MARSHALL ISLANDS: Mr Terry Sasser Manager/Coach, Mr Mack Capelle Assistant Coach

COOK ISLANDS: Mr Unakea Kauvai - Manager

NEW ZEALAND: Mr Adam Storey -Manger/Coach, Mr Jake Lawgyn – Assistant Coach

AUSTRALIA: Mr Miles Wydall – Manager/Coach

PAPUA NEW GUINEA: Ms Winis Toua -Manager

AMERICA SAMOA; Mr Lopesi Faagu- Manager/Coach

NAURU: Mr Paul Coffa-Coach

STATEMENT: by Paul Coffa MBE

- General Secretary-Oceania Weightlifting Federation
- Secretary General- Commonwealth Weightlifting Federation
- Founder of the Oceania Weightlifting Institute
- Coached at 8 Olympic Games and 10 Commonwealth Games
- Organised 61 International Weightlifting events
- Coaching for 51 years at all levels.



Fifteen young men and women will be representing the Oceania region in weightlifting at the Rio Olympic Games, starting on Saturday, August 5th.

It has taken four years, for some of them eight years and one or two twelve years, of hard work - to reach Rio. Hundreds of tons lifted each day. Day after day, week after week, year after year. Just so that these lifters could reach their ultimate dream in sport - the Olympic Games.

Apart from their own personal sacrifices that they have had to make, without any remuneration to reach their goal, there has been many others behind the scene who have also contributed an enormous amount for these athletes to reach their ultimate goal. National Federations, Olympic Committees, ONOC through IOC Olympic Solidarity, their parents, partners and coaches.

Over half of this team have been training for years at the Oceania Weightlifting Institute in New Caledonia. And a special thanks must also go to the New Caledonia Government, the CTOS and the City of Mont Dore for their commitment to regional co-operation and providing such world class facilities for these young lifters in order to make the trip to Rio.

How good are these fifteen lifters? They are brilliant.

How well will they do in Rio? They will certainly try to do their best.

Will they win medals? No.

Why not? Simply because these lifters play the game fair.

Unfortunately I and many other coaches and officials, worldwide know, what clean athletes are facing year after year, world championships after world championships, Olympics after Olympics. ***We face certain countries, which have absolutely no respect towards fair play.***

It doesn't matter how much measurements the IWF takes, what penalties it imposes, the likelihood of disqualifications, the banning of athletes, to these countries it makes no difference. Certain countries will try and win at all cost. Regardless of the consequences. the humiliation, and the health risks to the athletes themselves.

So let's admire our young regional lifters from Oceania, for their natural talent and in challenging some of these countries who only know cheating as the way to win.

2016 ZKC TOURNAMENT

The **ZKC** Email International Club Tournament which concluded on June 30th, was once again a great success for club lifters. For the first time in the history of the tournament, one club has won both the male and female sections. Congratulations to Dika Toua the coach of the LDT Club from Papua New Guinea for entering so many lifters in the tournament.



The LDT Club will receive four Olympic barbell training sets from **ZKC** who is the sponsor of the tournament.

On behalf of the OWF, I would like to thank the General Manager of the **ZKC Company**, Mr. Zhang Zhiguo, for his support and contribution toward this event and also towards the development of weightlifting at club level worldwide. We also would like to thank the IWF for their support in promoting the event.

The Oceania Weightlifting Federation wishes to thank all of the clubs who took part in this year's tournament and congratulations to the individual winners.

MAJOR EVENTS COMING UP

2016 IWF Youth World Championships: Penang Malaysia, October 19-25

2016 Commonwealth Senior, Junior Youth Championships, Penang Malaysia October 25-29

2016 Pacific Cup International, Month Dore-New Caledonia, December 17

FUTURE EVENTS

2017 Commonwealth Senior, Junior, Youth Championships, Gold Coast, Australia September 1-10

2017 Oceania Senior, Junior, Youth Championships, Gold Coast, Australia September 1-10

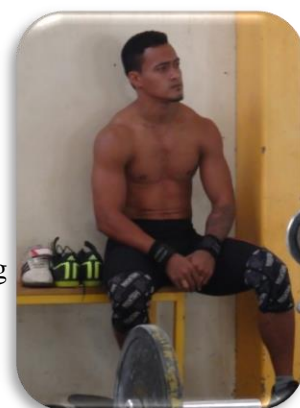
2017 Mini Pacific Games, Port Vila Vanuatu December (tba)

RIO TRAINING CAMP

Thanks to the financial support of the Oceania National Olympic Committee (ONOC) and the Oceania Weightlifting Federation (OWF), a training camp was held last week (July 11-18) at the Oceania Weightlifting Institute in Mont Dore - New Caledonia, for pacific lifters going to the Rio Olympic Games.

The camp which lasted seven days was an outstanding success, with most of the lifters reaching their best performances, whilst training together. However due to work commitments the two lifters from Australia and New Zealand were not able to join the camp. Also Mathlynn Sasser from Marshall Islands was not able to make the camp, as she encountered visa problems.

Below are some of the lifters who attended the training camp.



Nevo Ioane - Samoa



Tanu Jungblut- American Samoa



Manueli Tulo -Fiji



Mary Opeloge -Samoa

Paul Coffa

OWF GENERAL SECRETARY